

## HOW TO GET TO 'DE TONGELREEP'

(follow road signs 'Genneperparken')

### From the directions of Venlo (A67) and Weert (A2).

Close to Eindhoven follow the **N2** (certainly NOT the A2) to the exit 'Waalre'. Leave the motorway at the Exit 'Waalre' and go right at the traffic lights in the direction of Eindhoven. You drive on the 'Aalsterweg' and go left at the first traffic lights. After that follow the parking signs "Parkeren Genneperparken".

### From directions Antwerpen(A67) Tilburg(A58) 's-Hertogenbosch(A2)

Close to Eindhoven follow the **N2** (NOT the A2) in the direction of Venlo until the exit 'Waalre'. Leave the motorway at the Exit 'Waalre' and go left at the traffic lights in the direction of Eindhoven. You drive on the 'Aalsterweg' and go left at the first traffic lights in Eindhoven. After that follow the parking signs "Parkeren Genneperparken".



## Would you like more information?

On the ILSE rule book version 7.02	<a href="http://www.ilseurope.org">www.ilseurope.org</a>
On the ILS rule book	<a href="http://www.ilsf.org">www.ilsf.org</a>
On Dutch Lifesaving Sport	<a href="http://www.lifesaving.nl">www.lifesaving.nl</a>
On the Dutch Sports Commission	<a href="http://www.breedtesport.eu">www.breedtesport.eu</a>
On the Dutch Life Saving Federation	<a href="http://www.reddingsbrigade.nl">www.reddingsbrigade.nl</a>



## Open Dutch Championship ILSE Pool Events Sunday 6 November 2011 De Tongelreep in Eindhoven

### CHAMPIONSHIP for Master, Juniors and Open Category

We swim in the 10 lane 50m pools of the Pieter van den Hoogenband Swim Stadium. The competition has grown so much in the last few years, with all different age groups. For under 14 we swim on a different date this year.

In the 50m pool we use electronic timing.

'De Tongelreep' offers a fantastic venue for this competition.

We have extended swimming time booked, so we expect to run all 6 individual events in a professional way.

**Entrance and accreditation in the hall of the swimming centre.**

### TIME SCHEDULE:

09.00 h.:	Judges meeting (club house De Spetter)
	Accreditation of teams (hall swimming centre)
09.40 h.:	Team Captains Meeting (jury room) / Warming Up
10.30 h.:	Start of competitions
18.00 h.:	End of competitions in 50 meter pool

Victory ceremonies at the end of the competition in the pool.

**This is an official ILS Sanctioned Event.**



## COMPETITION RULES

- Entry is open for individual athletes
  - There are 5 categories.
    - Seniors A (open category, min. 15 years)
    - Juniors B (14-18 years on competition day)
    - Category C (12-14 years on competition day)
    - Category D (9-11 years on competition day)
    - Masters (min. 30 years on competition day)
  - Athletes can swim for individual classifications. The three best athletes in each over all classification can win medals.
  - Competitors for Categories A - B - Masters: International / Open.
  - Competitors for Categories C – D (Competition on 20 November 2011).
  - On the competition day athletes should have proof of their identity and age with them. The federation should be able to confirm that all participants are certified life savers.
  - Entree fees have to be transferred before the 3rd of November 2011 by bank transfer to our CBS bank account. **We will not allow competitors to start when the entry fee is not paid.**
  - At a false start there is the following rules: the competitor making or provoking a false start shall be disqualified.
  - A competitor has to take part in at least 4 events to be in the all over Open Dutch Classifications.
  - Each competitor can take part in max. 5 out of 6 events, but only the four best results count for the final classification per athlete.
  - A competitor who withdraws from an event during the competitions cannot start in any event after that.
  - **We expect a great number of competitors at this competition. Changing of entries (add competitors or changing of events) is not possible after 30 October!!!**
  - Competitors have to use the manikins and rescue tubes supplied by the organizing committee. Bring your own fins.
  - In the 50 meter pool we will use electronic timing.
  - Competitors **must** use the steps at the pool side to leave the pool!!!!
  - This is an official ILS Sanctioned Event, so official records can be made.
  - ILSE Rule Book 7.02 will be used.
- \* If you want more information on events for C and D category, please contact us. At the moment information for this is only available in Dutch language.

## EXTRA INFORMATION

### DOPING CONTROL

Dutch competitors in categories A and B can be selected for doping control. This will be organized by DoCoNed (Dutch Doping Control). They will select the competitors for this doping control. A competitor in these categories cannot refuse the doping control.

We will apply for doping control when a competitor swims an official European or World Record. **A competitor should be WADA registered to apply for a European or World record.**

### TALENT SCOUTING

From categories C and D among the Dutch competitors there will be a selection for the National Talent Scouting Programme. We will offer the talents national training facilities and an international competition.

### NATIONAL TEAM

- From the results of the competition in the categories A and B our National Team and National Junior Team will be selected.

If you appreciate any care (packed lunch or anything else) please contact us in advance at [theo@breedtesport.eu](mailto:theo@breedtesport.eu).

#### Events in categories

##### A, B and Masters:

100m manikin carry with fins  
100m combined rescue medley  
50m manikin carry  
200m obstacle swim  
100m manikin tow with fins  
200m super life saver

