

**Nederland** Commissie Breedte Sport



Invitation

Open NC Pool Events 2011

6 November 2011

De Tongelreep Eindhoven



Date:	6 november 2011
Place:	Pieter van den Hoogenband Swim Stadium
	Nationaal Swim Centre De Tongelreep Eindhoven
Organisation:	Reddingsbrigade Nederland
Board and stay:	Hotel arrangement or youth hostel
Care:	Arrangement for lunch (7 November during competition)
Entry conditions:	minimum age 14 on day of competition
Costs:	€ 6,- per athlete for only the competition on Sunday
	Costs for Board and stay
How to get there:	See programme leaflet
E-mail:	theo@breedtesport.eu
Internet:	www.breedtesport.tk www.lifesaving.nl





#### **Nederland**

## Commissie Breedte Sport

This annual Open Dutch Championships Pool Events on Sunday 6 November 2011 from 10.30 – 19.00 hours is at the National Swimming Centre De Tongelreep in Eindhoven. All athletes compete for the general individual classifications for medals and certificates.

#### **Accommodation**

The competitions are in the Swim Stadium of National Swim Centre De Tongelreep in Eindhoven. We have competitions in 5 categories (A-B-C-D and Masters). In first instance international invitations are only for categories A (Open, 15 years and older), B (Juniors (14-18 years old) and M (Masters, 30 years and older). If you want more information about the other categories, please ask for it via email. A-B and Masters swim in the 10 lane 50m pool with electronic timing and an all over depth of 3m. Categories C and D swim at the same time in the 8 lane 25m pool with a depth of 1.8m.

### Your stay

We will offer a hotel arrangement in a hotel close (walking distance) to the swimming centre based on a stay from Friday until Monday (please contact us if you want a different period). It is also possible to stay in a youth hostel situated about 10 km from Eindhoven.

More information (including prices) will follow when you apply for it.

#### Care

Teams can book lunches at a friendly price with our federation. The lunch will be handed out to you at the team captains meeting on the competition day in the form of a packed lunch.

#### Side Programme

On days before the competition we offer some training facilities for international teams at your expense.

#### **Participation**

Swimmers can <u>enter in maximum 5 out of 6 events</u> of the competition on Sunday 6 November. For the all over championships score the points gained in the best 4 events will be added up (based on our national rule book). We will use digital point tables with a scale from 200 to 1000 points for each event.

There is a protest fee of 20 Euro to be paid back when your protest is awarded, to fall to the organization when not awarded.

Event rules by the ILSE Competition rulebook 7.02.

#### **Equipment**

Teams are requested to bring team caps, and fins. Manikins and tubes are provided by the organization.

### **Entry**

Entry will be by email. If you want to take part, please ask us in an email to send you an entry form. Entry fee is  $\in$  6,- for each athlete for only the competition Sunday. Entries close at 30 October 2011. Please inform us when you plan to participate by mail to <a href="mailto:theo@breedtesport.eu">theo@breedtesport.eu</a>.

# Events categories A, B and Masters:

100m manikin carry with fins 100m combined rescue medley 50m manikin carry 200m obstacle swim 100m manikin tow with fins 200m super life saver

This is an ILS sanctioned competition, so official records can be swum.

# More Information and questions

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