



Postbus 645
2800 AP Gouda
NL31INGB0001673682
wedstrijden@goudsereddingsbrigade.nl

Gouda; 21-2-2015

Dear sport friends,

We would like to invite you to the first Gouda Rescue Experience, an International Lifesaving Competition Open Water. This competition is organized by the Lifesaving team Gouda. This competition will be organized in the "Surfplas" in Reeuwijk during the weekend of 6 and 7 June 2015.



The Gouda Rescue Experience is organized for the first time and will be combined with the Lakeman Euro Challenge. The competition will start on Saturday at 10.00 and will be finished around 18.00. On Sunday the competition will start at 9.30. During this open water competition there will be individual and team competitions. A team consist of maximal 6 persons of the same age group. There will be four different age groups for men and women: Aspirants (year of birth 2004 and younger); Juniors (year of birth: 2001-2003), Open category (year of birth: 2000 -1986) and masters (year of birth 1985 and older). Mixed teams can participate in the male competition.

Program

Saturday the 6th of June

On Saturday teams are welcomed at the competition area from 9.00. At 9.30 there will be a team captain briefing. At 10.00 the competition will start.

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Aangesloten bij Reddingsbrigade Nederland



On Saturday the next events are on the program:

Open & Masters

- Beach Flags
- Ski Race
- Rescue Tube Rescue race
- Lakeman/lakewomen
- Board Relay

Aspirants and Juniors

- Board Race
- Rescue Tube Rescue race
- Boardrescue race

Sunday the 7th of June

At 9.00 we will start with a team captain briefing. The first event of the competition will start at 9.30.

The competition will end at 16.30. On Sunday the next events are on the program:

Open & Masters

- Boardrescue race
- Taplin Relay
- Board Race
- Surf Race

Aspirants and Juniors

- Beach Flags
- Cameron Relay
- Surf Race
- Board Relay

Classifications

There is a ranking per event for each gender and age group. For the team events there will be a classification of all team events per gender and age group.

Entry fee

The registration fee is €20,- per athlete independent of the number of starts. The registration fee can be transferred to NL31INGB0001673682 please mention Gouda Rescue Experience 2015 and name of your life saving team.

Rules

The technical rules of the ILS will be applied during the competition (www.ilsf.org).

Material

Lifesaving teams should take care of their own material. There will be no material pool available.

Recognition

Each athlete has to be recognizable by wearing a team cap and have the personal start number visually written on one of the hands.



Lodging

It is not allowed to stay overnight at the competition area. Everybody has to organize their own lodging. To make this easier below are some suggestions for lodging, other options can be found on the internet. Hotels: Best Western City plus Gouda (www.bestwesterngouda.nl), Campanile Gouda (www.campanile.com/nl), Tulip inn Bodegraven (www.tulipinnbodegraven.nl/nl), De Unie in Waddinxveen (www.hoteldeunie.nl). Camping site: Camping Streefland (www.campingstreefland.nl); Camping de Boogaard (www.campingdeboogaard.nl); camping het oortjeshek (www.campinghetoortjeshek.nl). Group accommodation: De rokende Turf (www.watersnip.info/), <http://www.hollandseboerderij.nl/> Etc.

Refreshments

There is a restaurant at the surfplas. They sell drinks and snacks at the kiosk. It is also possible to have a meal inside the restaurant or on the terrace.

Competition registration

Your registration should be received at least the 21th of May at the address stated above or preferentially digitally by sending an email to wedstrijden@goudsereddingsbrigade.nl. Your registration is valid when we have received the entry fee.

Two weeks before the competition you will receive a more detailed program by email. If you have any questions don't hesitate to contact us. We hope to welcome you all at the Gouda rescue experience.

Kind regards,

The organizers of the Gouda Rescue Experience

Reinier, Tom, Wim en Ellis