

# INVITATION CONDITIONS

## 13. International DLRG Cup 2009

August 14<sup>th</sup> and August 15<sup>th</sup>, 2009

at

Warnemünde/Baltic Sea

Last Entry DLRG Cup 2009:

July 23<sup>rd</sup>, 2009

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### 1. Official organizer/Organizing body

Organizer and manager of the 13th International DLRG Cup is the 'DLRG-Verlag und Vertriebsgesellschaft mbH' (DVV) in cooperation with the 'Deutsche Lebens-Rettungs-Gesellschaft e.V. (DLRG)'.

### 2. Eligibility

Eligible are club teams of the DLRG and the national teams of water safety organisations of the International Life Saving Federation (ILS).

Respectively only one team per organisation is accredited.

These teams consist of minimum one (1) and maximum ten (10) competitors. Maximum five (5) of these ten competitors may be female or male participants.

Each competitor must be born before August 13<sup>th</sup>, 1993 and must have a medical certificate not older than twenty-four (24) months.

Each competitor of the national teams must have a medical certificate and a member certificate of the respective national organisation.

### 3. Security procedures

The used equipment must be in the condition that each injury and danger is eliminated for the participants.

Wetsuits should be worn at water temperatures below of 16° Celsius.

### 4. Venue

The competitions of the DLRG Cup will be held on Friday (August 14<sup>th</sup>) and Saturday (August 15<sup>th</sup>, 2009) from 8.00 a.m. at the beach area in front of the "Teepott" building and the lighthouse.

Attention: The **competition BEACH FLAG of the women and men** will be held on Friday, **August 14<sup>th</sup> 2009, afternoon and evening too.**

## 5. Events of the DLRG Cup 2009

The competitions will be held according to the international rules of the ILS „Competition Manual, Edition 2007“. For instance change of distances, parallelism of disciplines etc.

The following events will be held in heats, semi-finals and finals (for women and men):

WOMEN					MEN				
Nr.		#	Heats	Semi-finals	Finals	Nr.		#	
13	Surf Race	1		*	*	14	Surf Race	1	
21	Board Race	1	*	*	*	22	Board Race	1	
23	Surf Ski Race	1	*	*	*	24	Surf Ski Race	1	
25	Ironwoman	1		*	*	26	Ironman	1	
33	Beach Flags	1	*	*	*	34	Beach Flags	1	
41	Board Rescue	2		*	*	42	Board Rescue	2	
43	Rescue Tube Rescue Race	4		*	*	44	Rescue Tube Rescue Race	4	

### Event - explanation :

#### 13, 14 : Surf Race (Brandungsschwimmen):

The competitors start at the line at the water's edge and swim a course of ~ 500 m back to the line.

#### 21, 22 : Board Race (Rettungsbrettwettkampf):

The competitors start with their boards from the line at the water's edge and surround a course of ~ 500 m back to the line.

#### 23, 24 : Surf Ski Race (Rettungskajakwettkampf):

With surf skis the competitors have to pass a course of ~ 700 m which is similar to an "M".

#### 25, 26 : Oceanwoman, Oceanman (Rettungstriathlon):

The competitors have to complete the course of Surf Race, Board Race and Ski Race. After passing the course (M-parcours) by surf ski, the competitors will complete the both other events which will be drawn by lot before the competition starts.

#### 33, 34 : Beach Flags:

The competitors lie face down with shrunken arms in the sand and with their toes at the starting line. With start signal they get up as quick as possible and try to get a baton (beach flag). There are less batons than competitors, so the one who fails to gain a baton is eliminated from the competition. This will be continued till only one competitor is left.

#### 41, 42 : Board Rescue (Retten mit Rettungsbrett):

A 'patient' and a rescuer of each team are at the starting line. At a signal the 'patients' swim to their allotted buoys and signify their arrival at the buoy. On receiving this signal the rescuer paddles with his board to his 'patient'. In the pick up area (the seaward side of the buoy) the rescuer gets his 'patient' up on the board. Both together return to the finishing line, while they always have to be in contact with the board.

#### 43, 44 : Rescue Tube Rescue Race (Retten mit Gurtretter):

The team consists of four persons - a 'patient', a swimmer and two rescuers. At a signal the 'patients' swim to their allotted buoys and signify their arrival at the buoy. On receiving this signal the rescuer take his fins and swims with his rescue tube to his 'patient'. In the back of the buoy the 'patient' will be clipped into the rescue tube and the swimmer pulls him back to the beach. At a signal of the judge the rescuers are permitted to enter the water and to assist the rescue tube

swimmer to bring the 'patient' back to the beach. The rescuers have to drag or carry the 'patient' over the finishing line.

## 6. Classification of the DLRG Cup 2009

### **Individual events:**

The best three competitors get medals and certificates.

### **Relay events:**

The best three teams get medals and certificates.

### **"Three individual events" classification (women and men):**

This is a separate classification. Each competitor is regarded as an individual starter.

The points of the three (3) individual events of a competitor are added up. (Disciplines. no. 13 – 34).

However each competitor can at most report for three (3) individual events.

The best three competitors will get medals and the winner female and male will get a cup.

### **DLRG Cup - Classification**

Four (4) competitors of each team with the most points at the "three individual events" (female and male) are added up plus the points of the two (2) relays (male and female). Each team can only report with one (1) team (male and female) for the both relays.

The best three teams of the DLRG Rescue Cup classification will get cups.

## 7. Pointscore

	<b>1 point</b>	for a regular finishing of a heat, each heat			
+	<b>2 points</b>	for a regular finishing of a semi final			
+	<b>3 points</b>	for a regular finishing of a final			
+	<b>20 points</b>	for a first place (1.)	+	<b>8 points</b>	for a ninth place (9.)
+	<b>18 points</b>	for a second place (2.)	+	<b>7 points</b>	for a tenth place (10.)
+	<b>16 points</b>	for a third place (3.)	+	<b>6 points</b>	for a eleventh place (11.)
+	<b>14 points</b>	for a fourth place (4.)	+	<b>5 points</b>	for a twelfth place (12.)
+	<b>13 points</b>	for a fifth place (5.)	+	<b>4 points</b>	for a thirteenth place (13.)
+	<b>12 points</b>	for a sixth place (6.)	+	<b>3 points</b>	for a fourteenth place (14.)
+	<b>11 points</b>	for a seventh place (7.)	+	<b>2 points</b>	for a fifteenth place (15.)
+	<b>10 points</b>	for an eighth place (8.)	+	<b>1 point</b>	for a sixteenth place (16.)

## 8. Equipment

The equipment (Rescue Tubes and Flags) are available at the competitors disposal.

A small number of material (rescue boards, rescue skis and paddles) will also be available for the competitors, only at the days of competition, but they don't have any claim to definite materials out of this equipment pool. If equipment pool is empty, it is not possible to start after the heats, semi-finals or finals.

The charge for renting one of the material is 3,- EUR each, the caution money is 50,- EUR each.

Competitors are permitted to use own equipment if it is scrutinized by the judge.

The material is available only for competition.

To stay in time with the timetable of the DLRG Cup we point out, that the events will run parallel. That means, that the competitors will not accord a waiting time to get the competition equipment of the previous heat or competition or the collateral heat or competition.

The organizer reserves the right to brand the equipment (also the scrutinized equipment). The participating teams are not allowed to show their own sponsors, when they are in concurrence to the event-sponsor.

So the participating teams have to notify their sponsors by email to the DVV, [dvv@dlrg.de](mailto:dvv@dlrg.de).

Bodys (number-shirts) will be provided at each competition and every competitor has to wear his assigned number given by the organizer.

The competitors also have to wear their (own) team-caps, which are to be fixed under the chin, at each competition.

Further on the competitors must wear swimsuits according to the following specifications.

The swimsuit of the female competitors **must** cover the body maximum from the neck to the knee, thereby the shoulders and arms **must** be uncovered.

The swimsuit of the male competitors **must** cover the body maximum from the navel to the knee.

To have the adequate amount of space for the equipment and/or trailer of the competitors from Thursday, August 13<sup>th</sup> 2009, we ask for information.

Please give the information by your online-registration.

## 9. **Costs**

### a.) **Entry fee for the DLRG Cup:**

The international teams will be invited. They don't have to pay them.

Please give the entry by online-registration, not later than July 23<sup>rd</sup>, 2009.

### b.) **Costs for board and lodging :**

The teams are requested **to organize** their boards and lodging by **themselves**.

For this, the tourist office in Warnemünde will help you:

Phone: +49 381 / 5 48 00 - 00

Fax: +49 381 / 5 48 00 - 30

Email: [touristinfo@rostock.de](mailto:touristinfo@rostock.de)

[www.warnemuende.de](http://www.warnemuende.de)

Please note that it is high season, so **organize now !**

Some addresses:

WIRO Jugend-Wohnheim, Schleswiger Str. 4, 18109 Rostock –Lichtenhagen,

Tel.: +49 381 7764610, Fax:+49 381 7764618,

email: [sw@wiro.de](mailto:sw@wiro.de) [www.wiro.de](http://www.wiro.de) (~ 5 KM to the beach)

Gästehaus Lütten-Klein, Warnowallee 23-24, 18107 Rostock-Lütten-Klein,

Tel.:+49 381 776970, Fax:+49 381 7698911,

email: [info@gaestehaus-rostock.de](mailto:info@gaestehaus-rostock.de), [www.gaestehaus-rostock.de](http://www.gaestehaus-rostock.de) (~ 6 KM to the beach)

Appartementhaus Stephan Jantzen, Am Alten Strom 109, 18119 Warnemünde,

Tel.: +49 381 5198330 Fax: +49 381 5198340

email: [info@appartementhaus-stephan-jantzen.de](mailto:info@appartementhaus-stephan-jantzen.de) (~ 200m to the beach)

### c.) **Travelling expenses:**

The travelling expenses have to be taken by the participants.

**The organizer reserves the right for himself to consider the participation for teams and/ or competitors upon receipt by online-registration, before July 23<sup>rd</sup>, 2009.**

**Anymore the organizer reserves the right to refuse the permission of start by failure to comply the online-registration.**

## 10. Registration

The registration for the 13. International DLRG Cup 2009 in Warnemuende shall be conducted solely online via this address: <https://meldung.dlrg.de> not later than July 23<sup>rd</sup>, 2009,

This address will be activated at a later point of time. The information about you will find on the pages of „Rettungssport“ of DLRG, [www.dlrg.de](http://www.dlrg.de).

**Please note:** with the registration to the DLRG Cup the participants agree on fotos, shots and suchlike which are taken in the context of the DLRG Cup can be used by the DLRG for further purposes.

## 11. Competition Registration on Location

The registration in Warnemuende (competition documents, list of heats, tops, trailer ...) of the team and/or participants by the team manager will take place in the tent of the competition organizer at the competition area in front of the “Teepott” building and the lighthouse.

Thursday, August 13<sup>th</sup>, 2009 **3:00 pm to 6:00 pm**

and

Thursday, August 13<sup>th</sup>, 2009 **9:00 pm to 10:00 pm**

Hopefully we would like to ask you to enrol for the competition. We look forward to seeing you in Warnemünde.

Yours sincerely

Lothar Oberlehberg  
- General Manager -

### **Contact address:**

DVV

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