

punten	4x25m vervoeren met duikring	4x25m estafette met zwemvliezen	4x30m lijnredding	50m ringduiken voor ploegen	4x25m wisselslag estafette	punten
	1:52.70	0:58.20	1:34.60	0:45.58	1:18.90	
	RB Heythuysen	RB Heythuysen	RB Echt	RB Gouda	RB Heythuysen	
<b>1200</b>	<b>1:36.99</b>	<b>0:50.09</b>	<b>1:21.42</b>	<b>0:39.23</b>	<b>1:07.90</b>	<b>1200</b>
1190	1:37.74	0:50.47	1:22.04	0:39.53	1:08.43	1190
1180	1:38.49	0:50.86	1:22.67	0:39.83	1:08.95	1180
1170	1:39.24	0:51.25	1:23.31	0:40.14	1:09.48	1170
1160	1:40.00	0:51.64	1:23.94	0:40.44	1:10.01	1160
1150	1:40.76	0:52.04	1:24.58	0:40.75	1:10.54	1150
1140	1:41.53	0:52.43	1:25.22	0:41.06	1:11.08	1140
1130	1:42.30	0:52.83	1:25.87	0:41.37	1:11.62	1130
1120	1:43.07	0:53.23	1:26.52	0:41.69	1:12.16	1120
1110	1:43.85	0:53.63	1:27.17	0:42.00	1:12.71	1110
1100	1:44.63	0:54.03	1:27.83	0:42.32	1:13.25	1100
1090	1:45.42	0:54.44	1:28.49	0:42.64	1:13.80	1090
1080	1:46.21	0:54.85	1:29.15	0:42.96	1:14.36	1080
1070	1:47.01	0:55.26	1:29.82	0:43.28	1:14.91	1070
1060	1:47.81	0:55.67	1:30.49	0:43.60	1:15.47	1060
1050	1:48.61	0:56.09	1:31.17	0:43.93	1:16.04	1050
1040	1:49.42	0:56.51	1:31.85	0:44.25	1:16.60	1040
1030	1:50.23	0:56.93	1:32.53	0:44.58	1:17.17	1030
1020	1:51.05	0:57.35	1:33.21	0:44.91	1:17.74	1020
1010	1:51.87	0:57.77	1:33.91	0:45.25	1:18.32	1010
<b>1000</b>	<b>1:52.70</b>	<b>0:58.20</b>	<b>1:34.60</b>	<b>0:45.58</b>	<b>1:18.90</b>	<b>1000</b>
990	1:53.53	0:58.63	1:35.30	0:45.92	1:19.48	990
980	1:54.37	0:59.06	1:36.00	0:46.26	1:20.07	980
970	1:55.21	0:59.50	1:36.71	0:46.60	1:20.66	970
960	1:56.06	0:59.94	1:37.42	0:46.94	1:21.25	960
950	1:56.92	1:00.38	1:38.14	0:47.29	1:21.85	950
940	1:57.78	1:00.82	1:38.86	0:47.63	1:22.45	940
930	1:58.64	1:01.27	1:39.59	0:47.98	1:23.06	930
920	1:59.51	1:01.72	1:40.32	0:48.33	1:23.67	920
910	2:00.39	1:02.17	1:41.05	0:48.69	1:24.28	910
900	2:01.27	1:02.63	1:41.79	0:49.05	1:24.90	900
890	2:02.16	1:03.08	1:42.54	0:49.41	1:25.52	890
880	2:03.05	1:03.55	1:43.29	0:49.77	1:26.15	880
870	2:03.96	1:04.01	1:44.05	0:50.13	1:26.78	870
860	2:04.86	1:04.48	1:44.81	0:50.50	1:27.42	860
850	2:05.78	1:04.95	1:45.58	0:50.87	1:28.06	850
840	2:06.70	1:05.43	1:46.35	0:51.24	1:28.70	840
830	2:07.63	1:05.91	1:47.13	0:51.62	1:29.35	830
820	2:08.56	1:06.39	1:47.91	0:52.00	1:30.00	820
810	2:09.50	1:06.88	1:48.71	0:52.38	1:30.66	810
800	2:10.45	1:07.37	1:49.50	0:52.76	1:31.33	800
790	2:11.41	1:07.86	1:50.31	0:53.15	1:32.00	790
780	2:12.38	1:08.36	1:51.12	0:53.54	1:32.68	780
770	2:13.35	1:08.86	1:51.93	0:53.93	1:33.36	770
760	2:14.33	1:09.37	1:52.76	0:54.33	1:34.04	760
750	2:15.32	1:09.88	1:53.59	0:54.73	1:34.74	750
740	2:16.32	1:10.40	1:54.43	0:55.13	1:35.44	740
730	2:17.33	1:10.92	1:55.27	0:55.54	1:36.14	730
720	2:18.34	1:11.44	1:56.13	0:55.95	1:36.85	720
710	2:19.37	1:11.97	1:56.99	0:56.37	1:37.57	710
700	2:20.41	1:12.51	1:57.86	0:56.79	1:38.30	700
690	2:21.45	1:13.05	1:58.73	0:57.21	1:39.03	690
680	2:22.51	1:13.59	1:59.62	0:57.63	1:39.77	680
670	2:23.57	1:14.14	2:00.51	0:58.07	1:40.51	670
660	2:24.65	1:14.70	2:01.42	0:58.50	1:41.27	660
650	2:25.74	1:15.26	2:02.33	0:58.94	1:42.03	650
640	2:26.84	1:15.83	2:03.25	0:59.39	1:42.80	640
630	2:27.95	1:16.40	2:04.19	0:59.84	1:43.58	630
620	2:29.07	1:16.98	2:05.13	1:00.29	1:44.36	620
610	2:30.21	1:17.57	2:06.08	1:00.75	1:45.16	610

punten	4x25m	4x25m	4x30m	50m	4x25m	punten
	vervoeren met duikring	estafette met zwemvliezen	lijnredding	ringduiken voor ploegen	wisselslag estafette	
	1:52.70	0:58.20	1:34.60	0:45.58	1:18.90	
	RB Heythuysen	RB Heythuysen RB Nadine van	RB Gouda	RB Heythuysen	RB Heythuysen	
600	2:31.36	1:18.16	2:07.05	1:01.21	1:45.96	600
590	2:32.52	1:18.76	2:08.02	1:01.68	1:46.78	590
580	2:33.70	1:19.37	2:09.01	1:02.16	1:47.60	580
570	2:34.89	1:19.99	2:10.01	1:02.64	1:48.44	570
560	2:36.09	1:20.61	2:11.02	1:03.13	1:49.28	560
550	2:37.32	1:21.24	2:12.05	1:03.62	1:50.14	550
540	2:38.55	1:21.88	2:13.09	1:04.13	1:51.00	540
530	2:39.81	1:22.53	2:14.14	1:04.63	1:51.88	530
520	2:41.08	1:23.19	2:15.21	1:05.15	1:52.77	520
510	2:42.38	1:23.85	2:16.30	1:05.67	1:53.68	510
500	2:43.69	1:24.53	2:17.40	1:06.20	1:54.60	500
490	2:45.02	1:25.22	2:18.52	1:06.74	1:55.53	490
480	2:46.37	1:25.92	2:19.65	1:07.29	1:56.47	480
470	2:47.75	1:26.63	2:20.81	1:07.84	1:57.44	470
460	2:49.14	1:27.35	2:21.98	1:08.41	1:58.42	460
450	2:50.57	1:28.08	2:23.17	1:08.98	1:59.41	450
440	2:52.02	1:28.83	2:24.39	1:09.57	2:00.43	440
430	2:53.49	1:29.59	2:25.63	1:10.17	2:01.46	430
420	2:55.00	1:30.37	2:26.89	1:10.78	2:02.51	420
410	2:56.53	1:31.16	2:28.18	1:11.40	2:03.59	410
400	2:58.10	1:31.98	2:29.50	1:12.03	2:04.69	400
390	2:59.71	1:32.80	2:30.85	1:12.68	2:05.81	390
380	3:01.35	1:33.65	2:32.22	1:13.34	2:06.96	380
370	3:03.03	1:34.52	2:33.64	1:14.02	2:08.14	370
360	3:04.76	1:35.41	2:35.08	1:14.72	2:09.35	360
350	3:06.53	1:36.33	2:36.57	1:15.44	2:10.59	350
340	3:08.35	1:37.27	2:38.10	1:16.18	2:11.86	340
330	3:10.23	1:38.24	2:39.68	1:16.94	2:13.18	330
320	3:12.17	1:39.24	2:41.31	1:17.72	2:14.54	320
310	3:14.18	1:40.28	2:42.99	1:18.53	2:15.94	310
300	3:16.26	1:41.35	2:44.74	1:19.38	2:17.40	300
290	3:18.43	1:42.47	2:46.56	1:20.25	2:18.92	290
280	3:20.69	1:43.64	2:48.46	1:21.17	2:20.50	280
270	3:23.06	1:44.86	2:50.45	1:22.13	2:22.16	270
260	3:25.56	1:46.15	2:52.54	1:23.14	2:23.91	260
250	3:28.20	1:47.52	2:54.77	1:24.21	2:25.76	250
240	3:31.03	1:48.98	2:57.14	1:25.35	2:27.74	240
230	3:34.08	1:50.55	2:59.70	1:26.58	2:29.87	230
220	3:37.41	1:52.27	3:02.49	1:27.93	2:32.21	220
210	3:41.13	1:54.19	3:05.61	1:29.43	2:34.81	210
200	3:45.40	1:56.40	3:09.20	1:31.16	2:37.80	200
190	3:50.10	1:58.83	3:13.14	1:33.06	2:41.09	190
180	3:54.79	2:01.25	3:17.08	1:34.96	2:44.37	180
170	3:59.49	2:03.68	3:21.03	1:36.86	2:47.66	170
160	4:04.18	2:06.10	3:24.97	1:38.76	2:50.95	160
150	4:08.88	2:08.53	3:28.91	1:40.66	2:54.24	150
140	4:13.58	2:10.95	3:32.85	1:42.56	2:57.52	140
130	4:18.27	2:13.38	3:36.79	1:44.45	3:00.81	130
120	4:22.97	2:15.80	3:40.73	1:46.35	3:04.10	120
110	4:27.66	2:18.23	3:44.68	1:48.25	3:07.39	110
100	4:32.36	2:20.65	3:48.62	1:50.15	3:10.67	100
90	4:37.05	2:23.08	3:52.56	1:52.05	3:13.96	90
80	4:41.75	2:25.50	3:56.50	1:53.95	3:17.25	80
70	4:48.79	2:29.14	4:02.41	1:56.80	3:22.18	70
60	4:55.84	2:32.78	4:08.33	1:59.65	3:27.11	60
50	5:02.88	2:36.41	4:14.24	2:02.50	3:32.04	50
40	5:09.93	2:40.05	4:20.15	2:05.34	3:36.97	40
30	5:16.97	2:43.69	4:26.06	2:08.19	3:41.91	30
20	5:24.01	2:47.33	4:31.98	2:11.04	3:46.84	20
10	5:31.06	2:50.96	4:37.89	2:13.89	3:51.77	10
0	5:38.10	2:54.60	4:43.80	2:16.74	3:56.70	0