

punten	100m hindernis-zwemmen	100m ringduiken met zwemvliezen	50m reddings-wisselslag	50m ringduiken	50m lifesaver	100m superlifesaver	punten
	1:05.10	1:00.20	0:33.91	0:38.10	0:32.60	1:25.40	
	Ruud van Bommel	Martin Teley	Jeroen van Gellekom	Ken Boonen	Ken Boonen	Ken Boonen	
1200	0:56.03	0:51.81	0:29.18	0:32.79	0:28.06	1:13.50	1200
1190	0:56.46	0:52.21	0:29.41	0:33.04	0:28.27	1:14.06	1190
1180	0:56.89	0:52.61	0:29.63	0:33.30	0:28.49	1:14.63	1180
1170	0:57.33	0:53.01	0:29.86	0:33.55	0:28.71	1:15.20	1170
1160	0:57.77	0:53.42	0:30.09	0:33.81	0:28.93	1:15.78	1160
1150	0:58.21	0:53.82	0:30.32	0:34.07	0:29.15	1:16.36	1150
1140	0:58.65	0:54.23	0:30.55	0:34.32	0:29.37	1:16.94	1140
1130	0:59.09	0:54.64	0:30.78	0:34.58	0:29.59	1:17.52	1130
1120	0:59.54	0:55.06	0:31.01	0:34.85	0:29.82	1:18.11	1120
1110	0:59.99	0:55.47	0:31.25	0:35.11	0:30.04	1:18.70	1110
1100	1:00.44	0:55.89	0:31.48	0:35.37	0:30.27	1:19.29	1100
1090	1:00.89	0:56.31	0:31.72	0:35.64	0:30.49	1:19.88	1090
1080	1:01.35	0:56.73	0:31.96	0:35.91	0:30.72	1:20.48	1080
1070	1:01.81	0:57.16	0:32.20	0:36.18	0:30.95	1:21.09	1070
1060	1:02.27	0:57.59	0:32.44	0:36.45	0:31.18	1:21.69	1060
1050	1:02.74	0:58.01	0:32.68	0:36.72	0:31.42	1:22.30	1050
1040	1:03.20	0:58.45	0:32.92	0:36.99	0:31.65	1:22.91	1040
1030	1:03.67	0:58.88	0:33.17	0:37.27	0:31.89	1:23.53	1030
1020	1:04.15	0:59.32	0:33.41	0:37.54	0:32.12	1:24.15	1020
1010	1:04.62	0:59.76	0:33.66	0:37.82	0:32.36	1:24.77	1010
1000	1:05.10	1:00.20	0:33.91	0:38.10	0:32.60	1:25.40	1000
990	1:05.58	1:00.64	0:34.16	0:38.38	0:32.84	1:26.03	990
980	1:06.07	1:01.09	0:34.41	0:38.66	0:33.08	1:26.67	980
970	1:06.55	1:01.54	0:34.67	0:38.95	0:33.33	1:27.30	970
960	1:07.04	1:02.00	0:34.92	0:39.24	0:33.57	1:27.95	960
950	1:07.54	1:02.45	0:35.18	0:39.53	0:33.82	1:28.59	950
940	1:08.03	1:02.91	0:35.44	0:39.82	0:34.07	1:29.25	940
930	1:08.53	1:03.37	0:35.70	0:40.11	0:34.32	1:29.90	930
920	1:09.03	1:03.84	0:35.96	0:40.40	0:34.57	1:30.56	920
910	1:09.54	1:04.31	0:36.22	0:40.70	0:34.82	1:31.23	910
900	1:10.05	1:04.78	0:36.49	0:41.00	0:35.08	1:31.89	900
890	1:10.56	1:05.25	0:36.76	0:41.30	0:35.34	1:32.57	890
880	1:11.08	1:05.73	0:37.03	0:41.60	0:35.60	1:33.25	880
870	1:11.60	1:06.21	0:37.30	0:41.91	0:35.86	1:33.93	870
860	1:12.13	1:06.70	0:37.57	0:42.21	0:36.12	1:34.62	860
850	1:12.65	1:07.19	0:37.84	0:42.52	0:36.38	1:35.31	850
840	1:13.19	1:07.68	0:38.12	0:42.83	0:36.65	1:36.01	840
830	1:13.72	1:08.17	0:38.40	0:43.15	0:36.92	1:36.71	830
820	1:14.26	1:08.67	0:38.68	0:43.46	0:37.19	1:37.42	820
810	1:14.81	1:09.18	0:38.97	0:43.78	0:37.46	1:38.13	810
800	1:15.36	1:09.68	0:39.25	0:44.10	0:37.74	1:38.85	800
790	1:15.91	1:10.20	0:39.54	0:44.43	0:38.01	1:39.58	790
780	1:16.47	1:10.71	0:39.83	0:44.75	0:38.29	1:40.31	780
770	1:17.03	1:11.23	0:40.12	0:45.08	0:38.57	1:41.05	770
760	1:17.60	1:11.76	0:40.42	0:45.41	0:38.86	1:41.79	760
750	1:18.17	1:12.28	0:40.72	0:45.75	0:39.14	1:42.54	750
740	1:18.74	1:12.82	0:41.02	0:46.09	0:39.43	1:43.30	740
730	1:19.33	1:13.36	0:41.32	0:46.43	0:39.72	1:44.06	730
720	1:19.91	1:13.90	0:41.63	0:46.77	0:40.02	1:44.83	720
710	1:20.51	1:14.45	0:41.93	0:47.12	0:40.31	1:45.61	710
700	1:21.10	1:15.00	0:42.25	0:47.47	0:40.61	1:46.39	700
690	1:21.71	1:15.56	0:42.56	0:47.82	0:40.92	1:47.19	690
680	1:22.32	1:16.12	0:42.88	0:48.18	0:41.22	1:47.99	680
670	1:22.93	1:16.69	0:43.20	0:48.54	0:41.53	1:48.79	670
660	1:23.56	1:17.27	0:43.52	0:48.90	0:41.84	1:49.61	660
650	1:24.18	1:17.85	0:43.85	0:49.27	0:42.16	1:50.43	650
640	1:24.82	1:18.43	0:44.18	0:49.64	0:42.47	1:51.27	640
630	1:25.46	1:19.03	0:44.52	0:50.02	0:42.80	1:52.11	630
620	1:26.11	1:19.63	0:44.85	0:50.40	0:43.12	1:52.96	620
610	1:26.77	1:20.24	0:45.20	0:50.78	0:43.45	1:53.82	610

punten	100m hindernis-zwemmen	100m ringduiken met zwemvliezen	50m reddings-wisselslag	50m ringduiken	50m lifesaver	100m superlifesaver	punten
	1:05.10	1:00.20	0:33.91	0:38.10	0:32.60	1:25.40	
	Ruud van Bommel	Martin Teley	Jeroen van Gellekom	Ken Boonen	Ken Boonen	Ken Boonen	
600	1:27.43	1:20.85	0:45.54	0:51.17	0:43.78	1:54.69	600
590	1:28.10	1:21.47	0:45.89	0:51.56	0:44.12	1:55.57	590
580	1:28.78	1:22.10	0:46.25	0:51.96	0:44.46	1:56.47	580
570	1:29.47	1:22.73	0:46.60	0:52.36	0:44.80	1:57.37	570
560	1:30.17	1:23.38	0:46.97	0:52.77	0:45.15	1:58.28	560
550	1:30.87	1:24.03	0:47.33	0:53.18	0:45.51	1:59.21	550
540	1:31.59	1:24.69	0:47.71	0:53.60	0:45.86	2:00.15	540
530	1:32.31	1:25.36	0:48.08	0:54.03	0:46.23	2:01.10	530
520	1:33.05	1:26.04	0:48.47	0:54.46	0:46.60	2:02.06	520
510	1:33.79	1:26.73	0:48.86	0:54.89	0:46.97	2:03.04	510
500	1:34.55	1:27.44	0:49.25	0:55.34	0:47.35	2:04.04	500
490	1:35.32	1:28.15	0:49.65	0:55.79	0:47.73	2:05.04	490
480	1:36.10	1:28.87	0:50.06	0:56.24	0:48.13	2:06.07	480
470	1:36.90	1:29.60	0:50.47	0:56.71	0:48.52	2:07.11	470
460	1:37.70	1:30.35	0:50.89	0:57.18	0:48.93	2:08.17	460
450	1:38.53	1:31.11	0:51.32	0:57.66	0:49.34	2:09.25	450
440	1:39.36	1:31.88	0:51.76	0:58.15	0:49.76	2:10.35	440
430	1:40.22	1:32.67	0:52.20	0:58.65	0:50.18	2:11.47	430
420	1:41.09	1:33.48	0:52.65	0:59.16	0:50.62	2:12.61	420
410	1:41.97	1:34.30	0:53.12	0:59.68	0:51.06	2:13.77	410
400	1:42.88	1:35.14	0:53.59	1:00.21	0:51.52	2:14.96	400
390	1:43.81	1:35.99	0:54.07	1:00.75	0:51.98	2:16.18	390
380	1:44.75	1:36.87	0:54.57	1:01.31	0:52.46	2:17.42	380
370	1:45.73	1:37.77	0:55.07	1:01.88	0:52.94	2:18.69	370
360	1:46.72	1:38.69	0:55.59	1:02.46	0:53.44	2:20.00	360
350	1:47.75	1:39.64	0:56.12	1:03.06	0:53.96	2:21.34	350
340	1:48.80	1:40.61	0:56.67	1:03.68	0:54.48	2:22.73	340
330	1:49.88	1:41.61	0:57.24	1:04.31	0:55.03	2:24.15	330
320	1:51.01	1:42.65	0:57.82	1:04.97	0:55.59	2:25.62	320
310	1:52.17	1:43.72	0:58.43	1:05.65	0:56.17	2:27.14	310
300	1:53.37	1:44.84	0:59.05	1:06.35	0:56.77	2:28.72	300
290	1:54.62	1:45.99	0:59.70	1:07.08	0:57.40	2:30.36	290
280	1:55.93	1:47.20	1:00.38	1:07.85	0:58.05	2:32.08	280
270	1:57.30	1:48.47	1:01.10	1:08.65	0:58.74	2:33.87	270
260	1:58.74	1:49.80	1:01.85	1:09.49	0:59.46	2:35.76	260
250	2:00.27	1:51.21	1:02.65	1:10.39	1:00.23	2:37.77	250
240	2:01.90	1:52.72	1:03.50	1:11.34	1:01.04	2:39.91	240
230	2:03.66	1:54.35	1:04.41	1:12.37	1:01.93	2:42.22	230
220	2:05.59	1:56.13	1:05.42	1:13.50	1:02.89	2:44.75	220
210	2:07.73	1:58.12	1:06.53	1:14.76	1:03.96	2:47.56	210
200	2:10.20	2:00.40	1:07.82	1:16.20	1:05.20	2:50.80	200
190	2:12.91	2:02.91	1:09.23	1:17.79	1:06.56	2:54.36	190
180	2:15.62	2:05.42	1:10.65	1:19.37	1:07.92	2:57.92	180
170	2:18.34	2:07.93	1:12.06	1:20.96	1:09.28	3:01.47	170
160	2:21.05	2:10.43	1:13.47	1:22.55	1:10.63	3:05.03	160
150	2:23.76	2:12.94	1:14.88	1:24.14	1:11.99	3:08.59	150
140	2:26.47	2:15.45	1:16.30	1:25.72	1:13.35	3:12.15	140
130	2:29.19	2:17.96	1:17.71	1:27.31	1:14.71	3:15.71	130
120	2:31.90	2:20.47	1:19.12	1:28.90	1:16.07	3:19.27	120
110	2:34.61	2:22.98	1:20.54	1:30.49	1:17.43	3:22.83	110
100	2:37.33	2:25.48	1:21.95	1:32.07	1:18.78	3:26.38	100
90	2:40.04	2:27.99	1:23.36	1:33.66	1:20.14	3:29.94	90
80	2:42.75	2:30.50	1:24.77	1:35.25	1:21.50	3:33.50	80
70	2:46.82	2:34.26	1:26.89	1:37.63	1:23.54	3:38.84	70
60	2:50.89	2:38.03	1:29.01	1:40.01	1:25.58	3:44.17	60
50	2:54.96	2:41.79	1:31.13	1:42.39	1:27.61	3:49.51	50
40	2:59.02	2:45.55	1:33.25	1:44.77	1:29.65	3:54.85	40
30	3:03.09	2:49.31	1:35.37	1:47.16	1:31.69	4:00.19	30
20	3:07.16	2:53.08	1:37.49	1:49.54	1:33.73	4:05.52	20
10	3:11.23	2:56.84	1:39.61	1:51.92	1:35.76	4:10.86	10
0	3:15.30	3:00.60	1:41.73	1:54.30	1:37.80	4:16.20	0

punten	100m hindernis-zwemmen	100m ringduiken met zwemvliezen	50m reddings-wisselslag	50m ringduiken	50m lifesaver	100m superlifesaver	punten
	1:07.70	0:59.60	0:36.10	0:37.60	0:34.30	1:41.28	
	Ken Boonen	Martin Teley	Sjors Pietermans Ken Boonen	Jelmar Hillebrink	Ken Boonen	Marijn in 't Veld	
1200	0:58.26	0:51.29	0:31.07	0:32.36	0:29.52	1:27.16	1200
1190	0:58.71	0:51.69	0:31.31	0:32.61	0:29.75	1:27.84	1190
1180	0:59.16	0:52.09	0:31.55	0:32.86	0:29.98	1:28.51	1180
1170	0:59.62	0:52.48	0:31.79	0:33.11	0:30.20	1:29.19	1170
1160	1:00.07	0:52.89	0:32.03	0:33.36	0:30.44	1:29.87	1160
1150	1:00.53	0:53.29	0:32.28	0:33.62	0:30.67	1:30.55	1150
1140	1:00.99	0:53.69	0:32.52	0:33.87	0:30.90	1:31.24	1140
1130	1:01.45	0:54.10	0:32.77	0:34.13	0:31.13	1:31.93	1130
1120	1:01.92	0:54.51	0:33.02	0:34.39	0:31.37	1:32.63	1120
1110	1:02.38	0:54.92	0:33.27	0:34.65	0:31.61	1:33.33	1110
1100	1:02.85	0:55.33	0:33.52	0:34.91	0:31.85	1:34.03	1100
1090	1:03.33	0:55.75	0:33.77	0:35.17	0:32.08	1:34.74	1090
1080	1:03.80	0:56.17	0:34.02	0:35.44	0:32.33	1:35.45	1080
1070	1:04.28	0:56.59	0:34.28	0:35.70	0:32.57	1:36.16	1070
1060	1:04.76	0:57.01	0:34.53	0:35.97	0:32.81	1:36.88	1060
1050	1:05.24	0:57.44	0:34.79	0:36.24	0:33.06	1:37.60	1050
1040	1:05.73	0:57.86	0:35.05	0:36.51	0:33.30	1:38.33	1040
1030	1:06.22	0:58.29	0:35.31	0:36.78	0:33.55	1:39.06	1030
1020	1:06.71	0:58.73	0:35.57	0:37.05	0:33.80	1:39.80	1020
1010	1:07.20	0:59.16	0:35.83	0:37.32	0:34.05	1:40.54	1010
1000	1:07.70	0:59.60	0:36.10	0:37.60	0:34.30	1:41.28	1000
990	1:08.20	1:00.04	0:36.37	0:37.88	0:34.55	1:42.03	990
980	1:08.70	1:00.48	0:36.64	0:38.16	0:34.81	1:42.78	980
970	1:09.21	1:00.93	0:36.91	0:38.44	0:35.07	1:43.54	970
960	1:09.72	1:01.38	0:37.18	0:38.72	0:35.32	1:44.30	960
950	1:10.23	1:01.83	0:37.45	0:39.01	0:35.58	1:45.07	950
940	1:10.75	1:02.28	0:37.73	0:39.29	0:35.84	1:45.84	940
930	1:11.27	1:02.74	0:38.00	0:39.58	0:36.11	1:46.62	930
920	1:11.79	1:03.20	0:38.28	0:39.87	0:36.37	1:47.40	920
910	1:12.32	1:03.67	0:38.56	0:40.16	0:36.64	1:48.19	910
900	1:12.85	1:04.13	0:38.85	0:40.46	0:36.91	1:48.98	900
890	1:13.38	1:04.60	0:39.13	0:40.76	0:37.18	1:49.78	890
880	1:13.92	1:05.08	0:39.42	0:41.05	0:37.45	1:50.59	880
870	1:14.46	1:05.55	0:39.71	0:41.36	0:37.73	1:51.39	870
860	1:15.01	1:06.03	0:40.00	0:41.66	0:38.00	1:52.21	860
850	1:15.56	1:06.52	0:40.29	0:41.96	0:38.28	1:53.03	850
840	1:16.11	1:07.00	0:40.58	0:42.27	0:38.56	1:53.86	840
830	1:16.67	1:07.49	0:40.88	0:42.58	0:38.84	1:54.69	830
820	1:17.23	1:07.99	0:41.18	0:42.89	0:39.13	1:55.53	820
810	1:17.79	1:08.49	0:41.48	0:43.21	0:39.41	1:56.38	810
800	1:18.37	1:08.99	0:41.79	0:43.52	0:39.70	1:57.24	800
790	1:18.94	1:09.50	0:42.09	0:43.84	0:39.99	1:58.10	790
780	1:19.52	1:10.01	0:42.40	0:44.16	0:40.29	1:58.96	780
770	1:20.11	1:10.52	0:42.71	0:44.49	0:40.59	1:59.84	770
760	1:20.69	1:11.04	0:43.03	0:44.82	0:40.88	2:00.72	760
750	1:21.29	1:11.56	0:43.35	0:45.15	0:41.19	2:01.61	750
740	1:21.89	1:12.09	0:43.67	0:45.48	0:41.49	2:02.51	740
730	1:22.49	1:12.62	0:43.99	0:45.82	0:41.80	2:03.41	730
720	1:23.10	1:13.16	0:44.31	0:46.16	0:42.10	2:04.33	720
710	1:23.72	1:13.70	0:44.64	0:46.50	0:42.42	2:05.25	710
700	1:24.34	1:14.25	0:44.97	0:46.84	0:42.73	2:06.18	700
690	1:24.97	1:14.80	0:45.31	0:47.19	0:43.05	2:07.12	690
680	1:25.61	1:15.36	0:45.65	0:47.54	0:43.37	2:08.07	680
670	1:26.25	1:15.93	0:45.99	0:47.90	0:43.70	2:09.02	670
660	1:26.89	1:16.50	0:46.33	0:48.26	0:44.02	2:09.99	660
650	1:27.55	1:17.07	0:46.68	0:48.62	0:44.35	2:10.97	650
640	1:28.21	1:17.65	0:47.03	0:48.99	0:44.69	2:11.96	640
630	1:28.87	1:18.24	0:47.39	0:49.36	0:45.03	2:12.96	630
620	1:29.55	1:18.83	0:47.75	0:49.73	0:45.37	2:13.97	620
610	1:30.23	1:19.44	0:48.11	0:50.11	0:45.72	2:14.99	610

punten	100m hindernis-zwemmen	100m ringduiken met zwemvliezen	50m reddings-wisselslag	50m ringduiken	50m lifesaver	100m superlifesaver	punten
	1:07.70	0:59.60	0:36.10	0:37.60	0:34.30	1:41.28	
	Ken Boonen	Martin Teley	Sjors Pietermans Ken Boonen	Jelmar Hillebrink	Ken Boonen	Marijn in 't Veld	
600	1:30.92	1:20.04	0:48.48	0:50.50	0:46.07	2:16.02	600
590	1:31.62	1:20.66	0:48.85	0:50.88	0:46.42	2:17.06	590
580	1:32.33	1:21.28	0:49.23	0:51.28	0:46.78	2:18.12	580
570	1:33.04	1:21.91	0:49.61	0:51.67	0:47.14	2:19.19	570
560	1:33.77	1:22.55	0:50.00	0:52.08	0:47.51	2:20.28	560
550	1:34.50	1:23.19	0:50.39	0:52.49	0:47.88	2:21.38	550
540	1:35.25	1:23.85	0:50.79	0:52.90	0:48.26	2:22.49	540
530	1:36.00	1:24.51	0:51.19	0:53.32	0:48.64	2:23.62	530
520	1:36.76	1:25.19	0:51.60	0:53.74	0:49.03	2:24.76	520
510	1:37.54	1:25.87	0:52.01	0:54.17	0:49.42	2:25.92	510
500	1:38.33	1:26.56	0:52.43	0:54.61	0:49.82	2:27.10	500
490	1:39.13	1:27.27	0:52.86	0:55.05	0:50.22	2:28.30	490
480	1:39.94	1:27.98	0:53.29	0:55.51	0:50.63	2:29.51	480
470	1:40.77	1:28.71	0:53.73	0:55.96	0:51.05	2:30.75	470
460	1:41.61	1:29.45	0:54.18	0:56.43	0:51.48	2:32.00	460
450	1:42.46	1:30.20	0:54.64	0:56.91	0:51.91	2:33.28	450
440	1:43.33	1:30.97	0:55.10	0:57.39	0:52.35	2:34.59	440
430	1:44.22	1:31.75	0:55.57	0:57.88	0:52.80	2:35.91	430
420	1:45.12	1:32.55	0:56.06	0:58.38	0:53.26	2:37.26	420
410	1:46.05	1:33.36	0:56.55	0:58.90	0:53.73	2:38.65	410
400	1:46.99	1:34.19	0:57.05	0:59.42	0:54.21	2:40.06	400
390	1:47.95	1:35.04	0:57.56	0:59.96	0:54.69	2:41.50	390
380	1:48.94	1:35.90	0:58.09	1:00.50	0:55.19	2:42.97	380
370	1:49.95	1:36.79	0:58.63	1:01.06	0:55.71	2:44.48	370
360	1:50.98	1:37.71	0:59.18	1:01.64	0:56.23	2:46.03	360
350	1:52.05	1:38.64	0:59.75	1:02.23	0:56.77	2:47.63	350
340	1:53.14	1:39.61	1:00.33	1:02.84	0:57.32	2:49.27	340
330	1:54.27	1:40.60	1:00.93	1:03.47	0:57.90	2:50.95	330
320	1:55.44	1:41.63	1:01.56	1:04.11	0:58.49	2:52.70	320
310	1:56.64	1:42.69	1:02.20	1:04.78	0:59.10	2:54.50	310
300	1:57.90	1:43.79	1:02.87	1:05.48	0:59.73	2:56.37	300
290	1:59.20	1:44.94	1:03.56	1:06.20	1:00.39	2:58.32	290
280	2:00.56	1:46.13	1:04.28	1:06.96	1:01.08	3:00.35	280
270	2:01.98	1:47.39	1:05.04	1:07.75	1:01.80	3:02.48	270
260	2:03.48	1:48.71	1:05.84	1:08.58	1:02.56	3:04.73	260
250	2:05.07	1:50.11	1:06.69	1:09.46	1:03.37	3:07.11	250
240	2:06.77	1:51.60	1:07.60	1:10.41	1:04.23	3:09.65	240
230	2:08.60	1:53.21	1:08.57	1:11.42	1:05.15	3:12.39	230
220	2:10.60	1:54.98	1:09.64	1:12.53	1:06.17	3:15.38	220
210	2:12.83	1:56.94	1:10.83	1:13.77	1:07.30	3:18.72	210
200	2:15.40	1:59.20	1:12.20	1:15.20	1:08.60	3:22.56	200
190	2:18.22	2:01.68	1:13.70	1:16.77	1:10.03	3:26.78	190
180	2:21.04	2:04.17	1:15.21	1:18.33	1:11.46	3:31.00	180
170	2:23.86	2:06.65	1:16.71	1:19.90	1:12.89	3:35.22	170
160	2:26.68	2:09.13	1:18.22	1:21.47	1:14.32	3:39.44	160
150	2:29.50	2:11.62	1:19.72	1:23.03	1:15.75	3:43.66	150
140	2:32.33	2:14.10	1:21.23	1:24.60	1:17.18	3:47.88	140
130	2:35.15	2:16.58	1:22.73	1:26.17	1:18.60	3:52.10	130
120	2:37.97	2:19.07	1:24.23	1:27.73	1:20.03	3:56.32	120
110	2:40.79	2:21.55	1:25.74	1:29.30	1:21.46	4:00.54	110
100	2:43.61	2:24.03	1:27.24	1:30.87	1:22.89	4:04.76	100
90	2:46.43	2:26.52	1:28.75	1:32.43	1:24.32	4:08.98	90
80	2:49.25	2:29.00	1:30.25	1:34.00	1:25.75	4:13.20	80
70	2:53.48	2:32.73	1:32.51	1:36.35	1:27.89	4:19.53	70
60	2:57.71	2:36.45	1:34.76	1:38.70	1:30.04	4:25.86	60
50	3:01.94	2:40.18	1:37.02	1:41.05	1:32.18	4:32.19	50
40	3:06.18	2:43.90	1:39.28	1:43.40	1:34.32	4:38.52	40
30	3:10.41	2:47.63	1:41.53	1:45.75	1:36.47	4:44.85	30
20	3:14.64	2:51.35	1:43.79	1:48.10	1:38.61	4:51.18	20
10	3:18.87	2:55.08	1:46.04	1:50.45	1:40.76	4:57.51	10
0	3:23.10	2:58.80	1:48.30	1:52.80	1:42.90	5:03.84	0